



# CHIRON TRAINING

RORY MILLER  
PO BOX 1187 • WASHOUGAL, WA • 98671



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To Whom It May Concern:

Randy King is poised to be one of the leaders of the next generation of Reality-Based Self-Defense (RBSD) instructors. He has apprenticed under the likes of Kelly Worden and Marc MacYoung. He has taken their lessons, filtered them through the lens of his own experience and created something really good.

Randy is a good martial artist, but that's not hard and not that special. What's special about Randy is that he is an excellent teacher. He has consistently taken students who have spent their lives as victims or as the runts of the litter and grown them into confident and even formidable men and women. He has a unique gift for creating a community of sweat, effort, growth and humor.

They say you can tell a lion by the paw prints. You can only truly know an instructor by his students. Randy's students are all the endorsement and all the advertising he will ever need.

Sincerely,

Rory Miller

*Rory Miller is the author of "Meditations on Violence" and "Facing Violence" and several other books and DVDs. He has served as a Corrections Sergeant with the Multnomah County Sheriff's Office; Tactical Team leader, member and trainer; Contract advisor to the Iraqi Corrections Service through the Department of Justice ICITAP program and currently heads ChironTraining*